

Ritz-Carlton Fort Lauderdale Reopens Renovated Beachfront Spa Featuring Full-Service Salon And Updated Treatment Menu

by [Lyssa Goldberg](#) | October 2015



The Ritz-Carlton Fort Lauderdale has reopened its seventh-floor spa, which was remodeled this summer as part of an [ongoing \\$8 million renovation of the property](#).

Highlights of the new beachfront destination spa include a full-service hair, manicure and pedicure salon; a steam room, wet room and sauna with marble and mosaic tile; and 11 enhanced treatment rooms.

To match the resort's beachfront vibe, the spa's decor employs aqua, green and soft neutral tones with marine accents, such as starfish and seashells. And it doesn't hurt that the pool deck has a view of the Atlantic, while the fitness center overlooks the Intracoastal.

The Ritz-Carlton Spa has introduced new treatment offerings—among them, three 80- to 110-minute experiential packages—and a line of luxury ESPA products.

The Cleansing Ceremony treatment, for instance, includes a detoxifying massage experience that's supposed to provide the same benefits as a juice cleanse, while the Citrus Spring package offers a local citrus scrub and calming stone massage.

We tried the spa's most elaborate (and most expensive) treatment: the Intuitive Ocean. It begins with a salt and oil body scrub, followed by a marine body wrap, in which the spa therapist cocoons the guest's body in warm marine mud.

The spacious treatment room actually includes its own sectioned-off shower and full-sized bathroom so that guests can shower off the oils before continuing with their massage.

This fall, the spa is also offering the Spumpkin Package, in which guests can choose their own pumpkin from the spa's "Spumpkin Patch," and then therapists cut, prepare and incorporate the pumpkin into a custom scrub.

On top of the full-body pumpkin exfoliation, the package includes a hydrating body wrap; a 25-minute, targeted massage; an 80-minute cranberry manicure and pedicure; and complimentary hair, scalp and blow-dry treatment.

The new salon has its own distinct vibe from the rest of the spa, with more modern and upbeat music playing in the room. Stylists will start customers off with a complimentary shoulder rub or scalp massage; guests dying their hair even receive a hand massage during the wait time.

Soon to come to the Ritz-Carlton is a [new Prohibition-style restaurant opening in November](#). Burlock Coast, named for the burlock bag that bootlegger Bill McCoy used to transport his rum overseas during the Prohibition era, is set to open on the ground floor of hotel.

